

# Propentofylline protects $\beta$ -amyloid protein-induced apoptosis in cultured rat hippocampal neurons

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Received 18 July 2002; received in revised form 11 November 2002; accepted 15 November 2002

## Abstract

$\beta$ -Amyloid protein 1–42 ( $\beta$ 42) can induce apoptosis in the cultured hippocampal neurons, suggesting that it plays an important role in causing neurodegeneration in Alzheimer's disease. Recently, propentofylline, a synthetic xanthine derivative, has been reported to depress ischemic degeneration of hippocampal neurons in gerbils. The present study investigated whether or not propentofylline affected the  $\beta$ 42-induced apoptosis of hippocampal neurons, and if so, which type of signaling machinery works in the neuroprotective action of propentofylline. Addition of propentofylline markedly attenuated the  $\beta$ 42-induced cell death of rat hippocampal neurons. The amyloid protein certainly induced apoptosis in the cultured hippocampal cells revealed by nuclear condensation, caspase-3 activation and an increase of Bax. Intriguingly, propentofylline blocked both the apoptotic features induced by  $\beta$ 42 and further induced an anti-apoptotic protein, Bcl-2, during a short time of incubation. The neuroprotective action of propentofylline was comparably replaced with dibutyryl cAMP (dbcAMP) and was completely suppressed by a low concentration of specific protein kinase A (PKA) inhibitor. Taken altogether, the data strongly suggest that the protection of propentofylline on the  $\beta$ 42-induced neurotoxicity is caused by enhancing anti-apoptotic action through cAMP–PKA system. Propentofylline as a therapeutic agent to Alzheimer's disease is discussed.

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**Keywords:**  $\beta$ -Amyloid protein; Hippocampal neuron; Propentofylline; cAMP; Protein kinase A; Apoptosis

## 1. Introduction

$\beta$ -Amyloid protein, the major component of senile plaques, plays a critical role in the neuropathology of the brain in Alzheimer's disease.  $\beta$ -Amyloid protein is mainly composed of two molecular species of spontaneously aggregating peptide of 40 and 42 ( $\beta$ 40 and  $\beta$ 42) amino acid residues, and has been reported to be neurotoxic to hippocampal and cortical neurons (Pike et al., 1991; Iwatsubo et al., 1994; Tamaoka et al., 1994). However, the mechanism of  $\beta$ 42-induced neurotoxicity is still unclear. In culture systems,  $\beta$ 42 caused the cell death of various neurons through an apoptotic (Cotman and Anderson, 1995; Estus et al., 1997; Guo et al., 1999) or a necrotic mechanism (Behl et al., 1994; Gschwind and Huber, 1995).

Propentofylline is a novel xanthine derivative with pharmacological effects different from those of the classical methylxanthines theophylline and caffeine. It has been developed as a treatment for dementia (Saletu et al., 1990; Marcusson et al., 1997). Propentofylline depresses activation of microglial cells and astrocytes which is associated with neuronal damage during ischemic injury of gerbil brain (DeLeo et al., 1988; Schubert et al., 1994). Our previous paper (Koriyama et al., 2000) demonstrated that propentofylline attenuated cell death induced by  $\beta$ 42 and remarkably elevated cAMP level in hippocampal neurons in a dose-dependent manner. Recently, Parvathenani et al. (2000) showed that cAMP analog delayed  $\beta$ -amyloid 25–35 (a synthetic active fragment of amyloid protein,  $\beta$ 25–35)-induced neurotoxicity of rat cortical neurons, although there is a question whether or not a native  $\beta$ 42 and this  $\beta$ 25–35 induced the same neurotoxicity. Therefore, the present study aims to answer this question: Does propentofylline have a direct neuroprotective effect on the  $\beta$ 42-induced cytotoxicity of cultured rat hippocampal cells with a similar mechanism of cAMP? Our results show that propentofylline prevents the  $\beta$ 42-induced cell death via a

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cAMP system by enhancing anti-apoptotic action in hippocampal neurons.

## 2. Materials and methods

### 2.1. Animal care and use

Female Wistar rats (Japan SLC, Japan) were used according to the Japanese Pharmacological Society's Animal Guiding Principles for the Care and Use of Laboratory Animals.

### 2.2. Cell culture and treatment with $\beta$ 42 or drugs

Primary hippocampal cells were isolated from 17- to 18-day-old fetal rats (Wistar) and cultured in 48-well culture plates, unless otherwise specified, with Dulbecco's modified Eagle medium (DMEM) and 10% of fetal calf serum for 2 days. Then the cells were incubated with 10  $\mu$ M cytosine- $\beta$ -D-arabino-furanoside for 24 h to halt cell division and select neuronal cells. Cell layers were washed with calcium- and magnesium-free phosphate-buffered saline (PBS (–)) and cultured with serum-free DMEM to treat cells with  $\beta$ 42 and/or drugs for up to 8 days as specified in the Results.  $\beta$ 42 was purchased from the American Peptide Company (California, USA). The peptide was dissolved in PBS (–) at 200  $\mu$ M and stored at 37 °C for a week before use to promote its aggregation. Propentofylline was purchased from Hoechst Marion Roussel (Tokyo, Japan) and dissolved in dimethyl sulfoxide (DMSO) at 10 mg/ml. Caspase inhibitor, *N*-acetyl-Asp-Glu-Val-Asp-aldehyde (Ac-DEVD-CHO, Peptide Institute, Japan), protein kinase A (PKA) inhibitors, *N*-[2-(*p*-bromocinnamylamino)ethyl]-5-isoquinolinesulfonamide (H-89) and *N*-[2-(*N*-formyl-*p*-chlorocinnamylamino)ethyl]-5-isoquinolinesulfonamide (H-85) (Seikagaku Kogyo, Japan) were all dissolved in DMSO.

### 2.3. Hoechst33258 staining

Hippocampal neurons cultured in glass-bottom dishes were washed twice with PBS (–) and fixed with 0.1% glutaraldehyde in PBS (–) at room temperature for 1 h. After fixation, the dishes were washed and exposed to 100  $\mu$ g/ml Hoechst33258 (Wako) in PBS (–) at room temperature for 5 min. Then, the neurons were observed with a fluorescence microscopy.

### 2.4. Cell viability

Two determinations of lactate dehydrogenase (LDH) released into the medium and ability of cells to reduce 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) were used to evaluate cell viability. To determine the activity of LDH released, 0.25 ml of medium

was subjected to the conventional absorption assay at 340 nm for each well after treatment of cells with specified drugs as described previously (Takadera et al., 1993). Data ( $\Delta A/\text{min}$ ) were expressed relative to each control. To determine the ability of cells to reduce MTT, 20  $\mu$ l of solution of 2.75 mg/ml MTT in PBS (–) was added to each well. The plates were incubated at 37 °C for 25 min before 0.2 ml/well of 0.04 N HCl dissolved in isopropanol was added to them to solubilize the reaction product formazan. Absorption at 550 nm of each sample solution was measured with a microplate reader (ImmunoMini NJ-2300, InterMed) for 96-well plate. Data were expressed relative to each control.

### 2.5. Caspase-3 activity assay

At 24 h treatment of  $\beta$ 42 in 35-mm dishes after culture for selection, as described for cells of culture plates, each dish of cell layers was rinsed with cold PBS (–) and harvested with a rubber policeman into 250  $\mu$ l of Tris buffer (50 mM Tris, 1 mM EDTA, 1 mM dithiothreitol, pH 7.5) to homogenize in an injection syringe with 25G needle. Each cell homogenate was sonicated and centrifuged for 1 h at 15,000 rpm. Samples of the supernatant (30  $\mu$ g protein per sample) were incubated with a fluorogenic substrate, Ac-DEVD-7-amino-4-methylcoumarin (AMC) (20  $\mu$ M), specific for caspase-3 at 37 °C for 1 h. Ac-DEVD-AMC was purchased from the Peptide Institute and dissolved in DMSO at 10 mM. The reaction was stopped by addition of 2.5 mM monoiodoacetic acid. Cleavage of the substrate by caspase-3 was measured by the fluorescence of the product, AMC, using a Hitachi 850 fluorescence spectrophotometer (excitation at 380 nm and emission at 460 nm). Protein content of the samples for various assays was determined according to the method of Lowry et al. (1951) using bovine serum albumin as standard.

### 2.6. Western blot analysis of Bcl-2 and Bax

Hippocampal cell extracts were prepared by washing the cells attached to 35-mm dishes three times with ice-cold PBS after treatment, as specified in the Results, and lysing them in a buffer solution (50 mM Tris-HCl, pH 7.4, 150 mM NaCl, 0.2 mM phenyl methyl sulfonyl fluoride, 0.5% NP-40, protease inhibitor cocktail (Sigma)). Protein content of samples for various assays was determined using bovine serum albumin as standard. Each sample of 15  $\mu$ g protein supernatants obtained by centrifugation of the extracts at 1000  $\times g$  for 10 min was boiled with twofold volumes of buffer solution (0.02% bromophenol blue, 3% sodium dodecyl sulfate (SDS), 2-mercaptoethanol, 30% glycerol, 30 mM Tris-HCl) for 5 min and subjected to electrophoresis on 12.5% SDS-polyacrylamide gel. After the proteins were transferred onto the nitrocellulose membrane (Amersham International, UK),

they were incubated in blocking solution (3% bovine serum albumin, 0.1% NP-40 in PBS) at room temperature for 30 min and then probed with the anti-mouse Bcl-2 monoclonal antibody (Santa Cruz Biotechnology, Santa Cruz, CA) and anti-rabbit Bax antibody (Santa Cruz Biotechnology) in blocking solution at 4 °C overnight. The membrane was washed five times in 10 mM Tris–buffer (pH 8.0) containing 0.05% Tween 20, probed with the secondary antibody (alkaline phosphatase-conjugated goat anti-mouse immunoglobulin G (IgG) or anti-rabbit IgG in blocking solution at 4 °C for 1 h and washed again in the 10 mM Tris–buffer. Detection of the signal was performed with a detection kit, 5-bromo-4-chloro-3-indolyl-phosphate/nitroblue tetrazolium phosphatase substrate system (Kirkegaard Perry Laboratories, USA). To confirm the amount of protein visually on acrylamide gel, we performed staining for protein by rapid stain Coomassie brilliant blue kit (Nacalai Tesque, Kyoto).

### 3. Results

#### 3.1. Propentofylline prevents $\beta$ 42-induced apoptosis of hippocampal neurons

In our culture system,  $\beta$ 42-induced cell death of rat hippocampal neurons was estimated by MTT reduction (Fig. 1A) and LDH release (Fig. 1B) assays. Twenty micromolars of  $\beta$ 42 induced a 70% decrease of MTT reduction and 200% increase of LDH release as compared with control values for 7 days. Most of the cells lost their

fibrous networks and specific cell shape. In the presence of 20  $\mu$ g/ml propentofylline,  $\beta$ 42 neurotoxicity was dramatically suppressed in both assays (Fig. 1). Propentofylline itself did not affect the cell viability of hippocampal cells. The addition of propentofylline at lower concentration than 20  $\mu$ g/ml had no effect on either basal level of control and  $\beta$ 42-induced neurotoxicity (data not shown).

To examine whether or not the  $\beta$ 42-induced cell death is apoptotic, we stained the cells with Hoechst33258. In comparison with the control (Fig. 2A) and propentofylline alone (Fig. 2B),  $\beta$ 42 (20  $\mu$ M) brought about apoptotic cell death with nuclear chromatin condensation, as shown in Fig. 2C. Adding propentofylline (20  $\mu$ g/ml) to the medium clearly suppressed the nuclear condensation induced by  $\beta$ 42 (Fig. 2D).

#### 3.2. Propentofylline prevents $\beta$ 42-induced caspase-3 activation of hippocampal neurons

Activation of caspases is now well accepted to be responsible for causing apoptotic cell death (Matsuzawa and Ichijo, 2001). In particular, caspase-3 is a major executioner of the apoptotic signals. We therefore evaluated the  $\beta$ 42 toxicity with a caspase-3 inhibitor of Ac-DEVD-CHO.  $\beta$ 42 induced a 30% decrease in MTT reduction after 2 days (Fig. 3). In the presence of caspase-3 inhibitor (10  $\mu$ M), a small but significant suppression of  $\beta$ 42 induced a decrease in MTT reduction. The caspase-3 inhibitor itself did not affect cell viability. A similar suppression of  $\beta$ 42 neurotoxicity by Ac-DEVD-CHO (10  $\mu$ M) could be seen after 5 days of culture in the LDH release assay (data not shown). As the  $\beta$ 42-induced cell death was involved in the activation of caspase-3, we next measured the caspase-3 activity in our culture system. Caspase-3 activity of rat hippocampal neurons was remarkably elevated (about 2.2-fold) 24 h after treatment of 20  $\mu$ M  $\beta$ 42 (Fig. 4). Addition of propentofylline (20  $\mu$ g/ml) to the medium mostly, but not fully, blocked the  $\beta$ 42-induced activation of caspase-3. Dibutyl cAMP (100  $\mu$ M) also significantly blocked the caspase-3 activation by  $\beta$ 42. In our previous study, addition of dbcAMP dose-dependently blocked the increase of LDH release induced by  $\beta$ 42 (Koriyama et al., 2000).

#### 3.3. Propentofylline modulates apoptosis-related proteins Bcl-2 and Bax protein

Bax and Bcl-2 are found in various cell types as pro- or anti-apoptotic members that initiate or hinder the caspase cascade. In particular, Bcl-2 has a central role in preventing adaptors from activating caspases. We therefore investigated the effect of propentofylline and  $\beta$ 42 on the cellular level of Bcl-2 in hippocampal neurons. In this 6-h culture, propentofylline (20  $\mu$ g/ml) itself induced a 24%

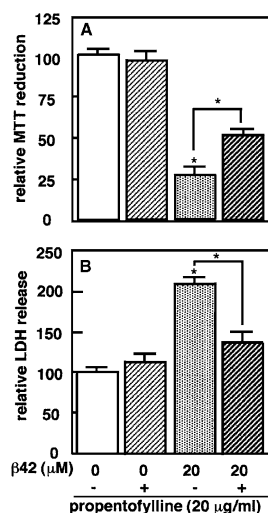


Fig. 1. Prevention of  $\beta$ 42 neurotoxicity by propentofylline in hippocampal neurons. Cultures were incubated with or without 20  $\mu$ g/ml propentofylline for 1 h before treatment with or without  $\beta$ 42 for 7 days as indicated. Values represent the mean  $\pm$  S.E.M. ( $n = 5$ ) of MTT reduction (A) and LDH release (B) assays in percentage of control. \* $P < 0.01$  vs. control or  $\beta$ 42 only. ANOVA, Student's  $t$ -test.

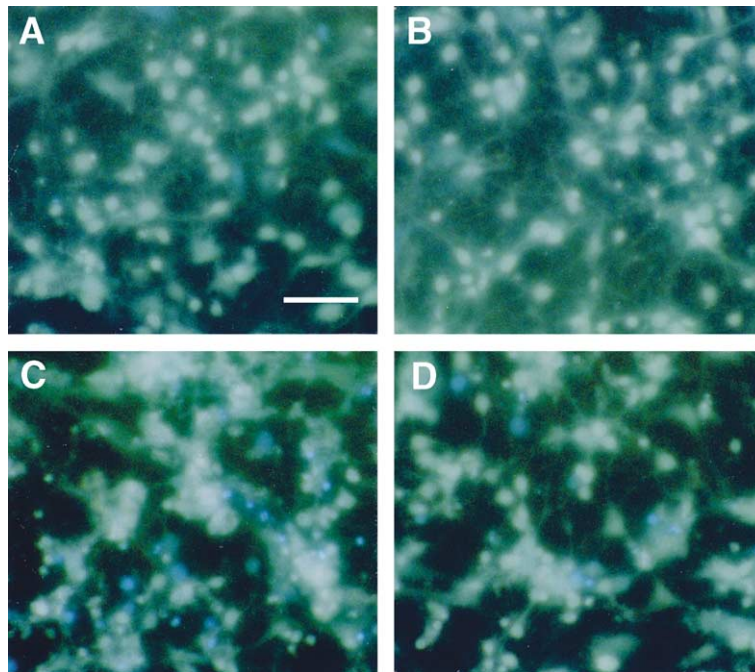


Fig. 2. Protective effect of propentofylline on nuclear condensation induced by  $\beta$ 42. Hippocampal neurons were treated with (B, D) or without (A, C) 20  $\mu$ g/ml propentofylline for 1 h before treatment with (C, D) or without (A, B) 20  $\mu$ M  $\beta$ 42 for 2 days. Cell nuclei were stained with Hoechst33258 and observed under fluorescence microscope. Scale bar = 50  $\mu$ m.

increase in Bcl-2 levels compared with the control value, revealed by a 26 kDa protein in Western blotting (Fig. 5). Conversely,  $\beta$ 42 itself reduced the level of Bcl-2 by half. Propentofylline (20  $\mu$ g/ml) significantly depressed the  $\beta$ 42-induced reduction of Bcl-2. In contrast to Bcl-2,  $\beta$ 42 induced a 50% increase of Bax level after 6 h of culture (Fig. 6). Propentofylline actually suppressed the  $\beta$ 42-induced Bax elevation revealed by a 23 kDa protein band in Western blotting, although propentofylline itself did not affect the level of Bax as shown in the Bcl-2.

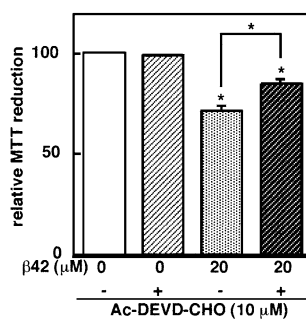


Fig. 3. Prevention of  $\beta$ 42 neurotoxicity by caspase-3 inhibitor. Hippocampal neurons were incubated with or without a caspase inhibitor, Ac-DEVD-CHO, for 1 h and further incubated with or without  $\beta$ 42 for 2 days as indicated. Values represent the mean  $\pm$  S.E.M. ( $n=5-6$ ) of MTT reduction assays in percentage of control. \* $P<0.01$  vs. control or  $\beta$ 42 only. ANOVA, Student's  $t$ -test.

### 3.4. Protein kinase A inhibitor blocks protective action of propentofylline

In our previous paper (Koriyama et al., 2000), propentofylline prevented the  $\beta$ 42 neurotoxicity of rat hippo-

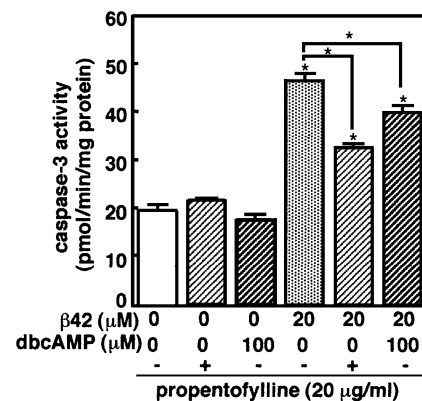


Fig. 4. Prevention of  $\beta$ 42-induced caspase-3 activation by propentofylline. Hippocampal neurons were treated with or without propentofylline and dbcAMP for 1 h and further incubated with or without  $\beta$ 42 for 24 h as indicated. Cells were lysed with Tris buffer, and 30  $\mu$ g of protein for each sample was incubated with a fluorogenic substrate, Ac-DEVD-MCA (20  $\mu$ M). Cleavage of the substrate emitted a fluorescent signal, which was measured by a fluorometer (excitation at 380 nm, emission at 460 nm). Details of the method are described in Materials and methods. Values represent the mean  $\pm$  S.E.M. ( $n=3$ ). \* $P<0.01$  vs. control or  $\beta$ 42 only. ANOVA, Student's  $t$ -test.



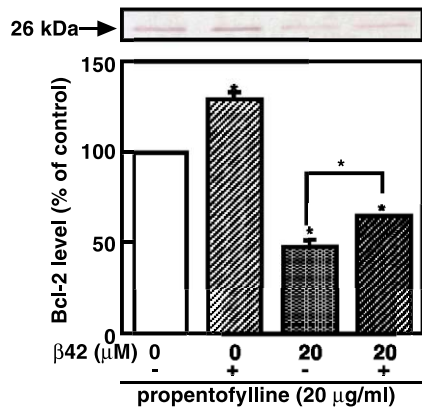


Fig. 5. Protective action of propentofylline on  $\beta$ 42-induced Bcl-2 reduction. Cultures were incubated with or without 20  $\mu$ g/ml propentofylline and/or  $\beta$ 42 for 6 h. The supernatant of the extract of the cultures (15  $\mu$ g protein/lane) was subjected to Western blot analysis. Insertions show a 26-kDa band of Bcl-2 protein. Details of the method are described in Materials and methods. Values represent the mean  $\pm$  S.E.M. of triplicate experiments. \* $P$  < 0.01 vs. control or  $\beta$ 42 only. ANOVA, Student's  $t$ -test.

campal cells, accompanied with elevated intracellular levels of cAMP. In this study, dbcAMP suppressed the caspase-3 activation induced by  $\beta$ 42 (Fig. 4). To explain the role of cAMP in the neuroprotection signal of propentofylline on the  $\beta$ 42-induced degenerative neurons, we tested  $\beta$ 42 neurotoxicity of cultured rat hippocampal neurons in the presence of propentofylline and PKA inhibitor simultaneously. H-89 (1  $\mu$ M), a specific PKA inhibitor, almost completely blocked the neuroprotection of propentofylline on  $\beta$ 42-induced cell death revealed by LDH release assay after 7 days, whereas H-85, a less specific PKA inhibitor, showed no effect on the propentofylline

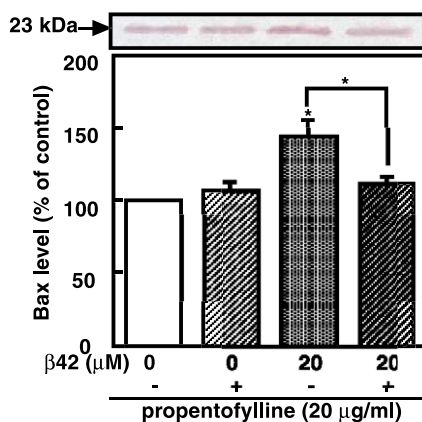


Fig. 6. Protective action of propentofylline on  $\beta$ 42-induced Bax elevation. Cultures were incubated with or without 20  $\mu$ g/ml propentofylline and/or  $\beta$ 42 for 6 h. The supernatant of the extract of the cultures (15  $\mu$ g protein/lane) was subjected to Western blot analysis. Insertions show a 23-kDa band of Bax protein. Values represent the mean  $\pm$  S.E.M. of triplicate experiments. \* $P$  < 0.01 vs. control or  $\beta$ 42 only. ANOVA, Student's  $t$ -test.

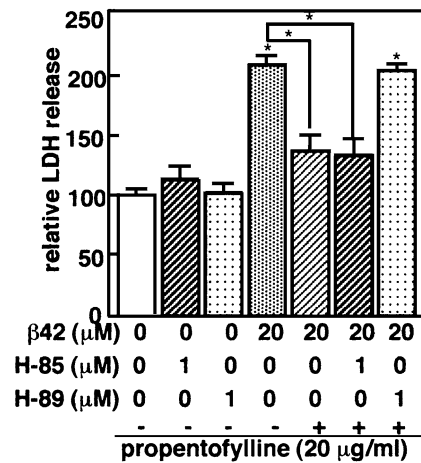


Fig. 7. Cancellation of the protective action of propentofylline on  $\beta$ 42 neurotoxicity with PKA inhibitor. Hippocampal neurons were incubated with or without propentofylline and PKA inhibitors (1  $\mu$ M) for 1 h and further incubated with or without  $\beta$ 42 for 7 days as indicated. Values represent the mean  $\pm$  S.E.M. ( $n$  = 5) of LDH release assay in percent of control. \* $P$  < 0.01 vs. control or  $\beta$ 42 only. ANOVA, Student's  $t$ -test.

action (Fig. 7). Such PKA inhibitors alone never affected the cell viability.

## 4. Discussion

### 4.1. Propentofylline suppresses $\beta$ 42-induced apoptosis of cultured rat hippocampal neurons

The role of amyloid protein in Alzheimer's disease is not yet fully understood. Although it is clear that deposits of insoluble amyloid protein are found in senile plaques in the brains of people with Alzheimer's disease, particularly in the hippocampus, studies of primary and clonal neuronal cells with amyloid protein suggest two types of cell death: apoptosis (Forloni et al., 1993; Loo et al., 1993) and necrosis. Our present data demonstrated that hippocampal neurons underwent extensive apoptosis after treatment with  $\beta$ 42.  $\beta$ 42 induced various apoptotic features such as chromatin condensation, caspase-3 activation, a decrease in the amount of Bcl-2 protein and an increase in the amount of Bax protein. Bax is a Bcl-2 homologue that counteracts the protective action of Bcl-2. The protective action of Bcl-2 needs a concomitant depression of Bax level (Oltvai et al., 1993; Yin et al., 1994). In our culture system, the opposite effect of  $\beta$ 42 on Bax and Bcl-2 was the case. Propentofylline, a synthetic xanthine derivative, suppressed all such apoptotic indicators induced by  $\beta$ 42 from the rat-cultured hippocampal neurons. Propentofylline was originally reported to cause inhibition of both phosphodiesterase and adenosine uptake (Nagata et al., 1985; Ohkubo et al., 1991; Fredholm et al., 1992; Meskini et al., 1994). A neuroprotective action of propentofylline has also been shown in neurons and glial cells (Andine et al., 1990; Shinoda et

al., 1990; Banati et al., 1994; Park and Rudolphi, 1994). Propentofylline (20  $\mu\text{g}/\text{ml}$ ) consistently prevented cell death, chromatin condensation and caspase-3 activation. Additionally, propentofylline induced a significant increase and decrease of Bcl-2 and Bax, respectively. The enhancement of anti-apoptotic Bcl-2 and attenuation of pro-apoptotic Bax evoked by propentofylline were transient (6 h of incubation). The rapid and transient induction of Bcl-2, concomitant with a decrease of Bax, may explain the limited depression of caspase-3 activation by  $\beta 42$ .

#### 4.2. Neuroprotective action of propentofylline via cAMP–PKA system

In a previous paper (Koriyama et al., 2000), propentofylline dose-dependently increased intracellular levels of cAMP in the hippocampal cells. The level of cAMP elevated by 20  $\mu\text{g}/\text{ml}$  of propentofylline was about twice that of control ( $86.5 \pm 3.8$  pmol/mg protein of propentofylline treatment vs.  $44.2 \pm 1.9$  pmol/mg protein of basal control level). This concentration of propentofylline in the potency of elevating cAMP was compatible with 100  $\mu\text{M}$  of isobutylmethylxanthine (IBMX), a non-specific phosphodiesterase inhibitor. Actually, IBMX, dbcAMP and forskolin, an adenylate cyclase activator, could all potentially protect the  $\beta 42$  neurotoxicity of rat hippocampal neurons (data not shown). An increase of intracellular levels of cAMP or dbcAMP promotes cell survival or delays cell death induced by various conditions such as sialoglycopeptide, low potassium concentration and serum deprivation (Kobayashi and Shinozawa, 1997; Moran et al., 1999; Desire et al., 2000; Bayatti and Engele, 2001). In the present study, propentofylline (20  $\mu\text{g}/\text{ml}$ ) and dbcAMP (100  $\mu\text{M}$ ) could effectively suppress caspase-3 activation by  $\beta 42$ . The neuroprotective action of propentofylline on  $\beta 42$ -induced cell death was completely blocked by H-89 but not by H-85. These data strongly indicate that the protective action of propentofylline is mediated by a cAMP–PKA system. The protective action of cAMP may implicate a phosphorylation process of cAMP response element binding protein (CREB) by PKA. Recently, Tong et al. (2001) reported that  $\beta 42$  decreased CREB phosphorylation in cultured cortical neurons. Interestingly enough, cAMP elevated Bcl-2 levels via phosphorylation of CREB by insulin growth factor-1 in PC 12 cells (Pugazhenthil et al., 1999). Bcl-2 elevation by transforming growth factor- $\beta 1$  could also prevent the amyloid protein neurotoxicity in rat hippocampal neurons (Prehn et al., 1996). Bad, however, is the fact that another Bcl-2 family member which has a pro-apoptotic action was known to be phosphorylated and inactivated by PKA (Harada et al., 1999). In Alzheimer's disease-affected brains, there are alterations of the level of Bcl-2 family proteins (Kitamura et al., 1999). Therefore, it is concluded that  $\beta 42$  apoptosis in cultured hippocampal neurons is prevented by propentofylline, which is capable of activating

a cAMP–PKA system, depressing the caspase cascade and modifying Bcl-2 family proteins. In contrast to other agents which increase the intracellular level of cAMP, propentofylline can pass through the blood–brain barrier (Yamada et al., 1998). Thus, the development of a specific therapy by propentofylline that targets a cAMP–PKA system and Bcl-2 family proteins is expected to allow more sensitive treatment for Alzheimer's disease in the future.

#### Acknowledgements

We wish to thank Dr. S. Kato for his critical comments and also thank Ms. T. Urano and Dr. M. Devadas for their assistance. This study was supported in part by the grant of the special research fund of Hokuriku University to Y.K.

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